

July 2025

CREATING THROUGH THE CHAOS

IN A WORLD TORN BY WAR, WE CREATE WITH LOVE.

Issue 6

Dear IWIN Community,

This July, we write to you with heavy hearts—and open arms.

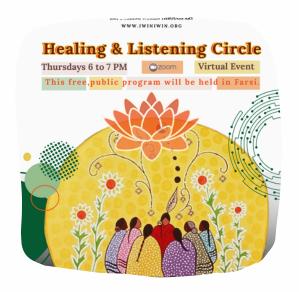
In response to the devastating war involving Iran, Israel, and the U.S., and the ongoing waves of fear, grief, and division it has stirred in our diaspora, **we launched something new**: Listening Circle—a safe, virtual space in Farsi where our community can be heard, seen, and held without judgment or interruption.

This is likely the first time many of us have experienced such a space in our mother tongue. It is simple and profound: we come together, we listen, we breathe, and we begin to remember that we are not alone.

At the same time, our programs have become fuel for resilience. From honoring World Refugee Day, to celebrating Cancer Survivors, to welcoming young Afghan girls into their first creative session—and gathering with Afghan women in our monthly women's circle—each experience reminded us of the strength, creativity, and deep care that lives within our community. In their own unique ways, these events lit small flames of hope and connection during a difficult time.

In a world where some destroy through war, we choose to keep creating—with love, one community at a time.

With love and resilience, The IWIN Team







In response to the recent violence involving Iran, Israel, and the U.S., we're offering five free Farsi-language Listening & Healing Circles—safe, nonjudgmental gatherings inspired by Indigenous traditions.

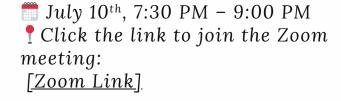
We come together, we listen, we breathe, and we begin to remember that we are not alone.

- Tue, 8 to 9 PM PCT Group A
- 🗂 Thu,6 to 7 PM PCT Group B
- ? Click the link to join the Zoom meeting: [Zoom Link]

Moon & Mind

BUCK MOON: JULY 2025

Each month, we collectively harness the energy of the full moon for growth and self-awareness. The Moon & Mind is a virtual opportunity to connect, create, and tap into the powerful energy of the moon to transform and align your intentions for the month ahead. Join us for a sacred space of reflection, growth, and community











Let Her Bloom

YOUNG REFUGEES, BOLD FUTURES

Painting New Paths taps into the potential of young women, guiding them to walk confidently toward a bright future. Through this Summer we're creating a space for empowerment, resilience, and community, helping them navigate their new path in a new country with strength and hope.

July 18th, 2:30 PM − 4:30 PM
755 Oak Grove Rd, Concord, CA

The Heart We Share

HAND MADE HEART PINS TO CARRY AND SHARE KINDESS IN THIS TENDER AND DIVIDED MOMENT.

We're returning to Tenderloin Family Housing for an afternoon of stitching connection, care, and creativity. Together, we'll make textile heart pins—small symbols of kindness that bridge cultures, generations, and stories.









WISDOM TEA

WEEKLY PROGRAM: SENIOR GROUP

Since October 2020, this weekly virtual program offers a space for our senior members to come together and share memories, wisdom, and discuss a variety of topics, including life experiences & health tips. Each session ends with reading poetry and singing old favorites. The group also plans 2-3 trips per year to further strengthen bonds and create new memories.

If you're interested in joining, please contact us.





It Is My Turn

MONTHLY PROGRAM: EMPOWERING AFGHAN WOMEN THROUGH ART

It Is My Turn, a year-long program empowering Afghan refugee women and girls through art, yoga, and storytelling. In Partnership with ARTogether & CERI, we're creating a space for healing and connection in Oakland.

This transformative one-year program can be tailored for your organization as well!



IWIN Monthly Moments JULY



July 11: World Population Day

July 15: World Youth Skills Day

July 17: World Day for International Justice

July 18: Nelson Mandela International Day

July 30: International Day of Friendship

On International Day of Friendship, we celebrate the power of connection across cultures, borders, and identities—reminding ourselves that friendship is a form of resistance, healing, and hope in a divided world.

Who has been a true friend to you in difficult times?

Am I my own best friend?

Who might need a call or visit as we read this message?





Empowering Women Through Art













Explore more photos in our [full gallery].